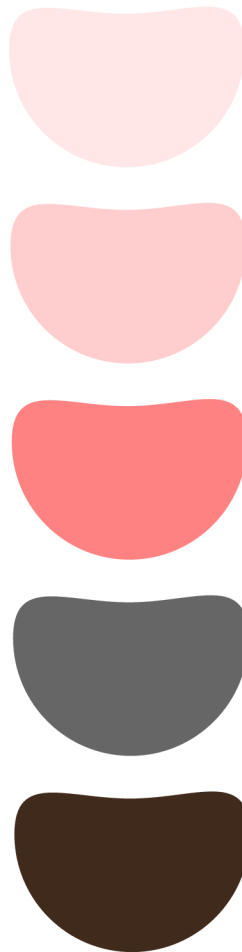


BOUNDARY LINES IN PLEASANT PLACES

Business Planner



Shaping Business Naturally

MY BUSINESS PLAN

DATE :

MY OVERALL GOAL IS

THE ESTIMATED TIME IT'S GOING TO TAKE

MY DESIRED SMALLER OUTCOMES AT

DAY 7

DAY 14

DAY 21

DAY 28

I AM DOING THIS BECAUSE

PEOPLE WHO ARE GOING TO HOLD ME ACCOUNTABLE

THE MOST CHALLENGING PART ABOUT THIS JOURNEY WILL BE

HOW I PLAN TO OVERCOME THESE CHALLENGES

A LETTER TO MY SELF WHEN I FEEL UNSURE OR INADEQUATE



PRESENT MIND

1. Accept and appreciate where you are right now. Remember, you are right where you are supposed to be.
2. Be thankful. You already have everything you need. Be patient and work with what you do have.
3. In every situation/circumstance gratitude leads to joy and contentment.
4. Surrender your thoughts, preconceived notions, opinions, agendas or conditions. Quiet your mind.
5. Live in this moment. Life is happening right now, experience it.
6. Sometimes there is not a know reason why, move on.
7. Plan for tomorrow and remain flexible.
8. Have a pure heart, open mind and willing spirit.
9. Remain true to yourself.
10. No regrets

Date:

Today.

1

2

3

WEEKLY

plan

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Notes