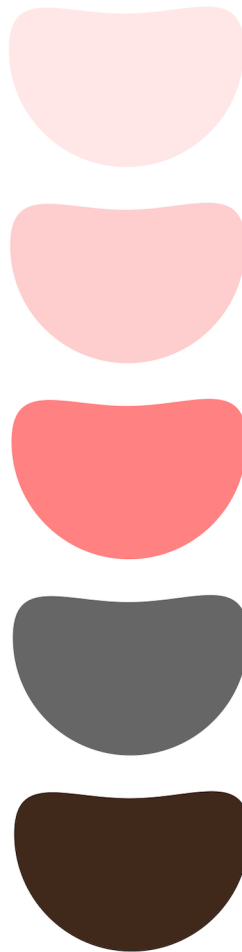


BOUNDARY LINES IN PLEASANT PLACES

Business Planner



Shaping Business Naturally

PRESENT MIND

1. Accept and appreciate where you are right now.
Remember, you are right where you are supposed to be.
2. Be thankful. You already have everything you need. Be patient and work with what you do have.
3. In every situation/circumstance gratitude leads to joy and contentment.
4. Surrender your thoughts, preconceived notions, opinions, agendas, and conditions. Quiet your mind.
5. Live in this moment. Life is happening right now.
Experience it.
6. Sometimes you won't know the reason why, so move on.
7. Plan for tomorrow and remain flexible.
8. Have a pure heart, open mind and willing spirit.
9. Remain true to yourself. Under promise. Over deliver.
10. No regrets.



MY BUSINESS PLAN

DATE :

MY DESIRED OVERALL OUTCOME AT 28 DAYS

MY DESIRED SMALLER OUTCOMES AT

DAY 7

DAY 14

DAY 21

DAY 28

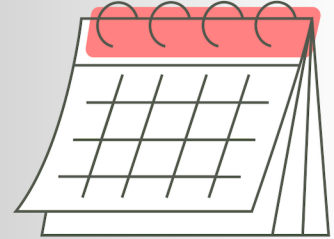
I AM DOING THIS BECAUSE

PEOPLE WHO ARE GOING TO HOLD ME ACCOUNTABLE

THE MOST CHALLENGING PART ABOUT THIS JOURNEY WILL BE

HOW I PLAN TO OVERCOME THESE CHALLENGES

A LETTER OF ENCOURAGEMENT TO MY SELF WHEN I FEEL WEAK,
INADEQUATE OR DEFEATED



PRESENT
MIND



Be
Consistent!

Helping You

Managing the day-to-day tasks of nurturing a business can feel daunting even for the experienced entrepreneur, and especially for new business owners. Whether you are just starting up and don't even have a dot com or are in the growth-expand stages of your business, we are here to help you take a pause, re-group, and re-organize your "to-do" list.

1

Plan

Making a plan means making decisions and setting a timeline. Both of these things can bring us to a complete stop due to fear of commitment/not knowing what the future brings.

So, instead of making a plan, we ignore planning all together and just keep doing what we already know and are comfortable in.

Without making a new plan and setting at least a short-term timeline your business will not be able to grow.

Growing a business can be like raising a child; You have to let go of control, make the best choice you can, hope for the best and prepare for the next.

2

Prepare

Sometimes we don't feel equipped to grow our business. We look at how other entrepreneurs are running their business and think that we don't have the skill set or the financial means to grow.

The growth of your business doesn't depend upon your skill set or your financial situation, it depends upon your mind set and the people you surround yourself with.

We will help you identify with what you already have, show you how to use it effectively, and together we will watch your business grow - one short-term business plan at a time.

3

Prioritize

There is a priority order to every entrepreneur's business and it's different for each woman.

One woman's priority might be to work 20 hours/week, while another's is to work 40 hours/week.

This is just one example of how imperative it is to define your most important priority for each day.

If we continually complete tasks out of priority order, the business will continue to turn the same vain circle with little progress.

It's tending to the priority order of daily work that adds up to the bigger differences monthly, and then your business will have the stability to expand yearly.

This planner helps you map a short-term plan, get prepared for the growth of your business, and confidently know your priority order.

Shaping Women Naturally will also give you tools, resources, expert advice, and a platform that will set you on a path for your business vision to become an effortless reality - more than you could dream or imagine.

ONE PRIORITY - 7 DAYS

WEEK Nº 1	MON	TUE	WED	THU	FRI	SAT	SUN
1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

NOTES

Date:

Today.

1

2

3

WEEKLY

plan

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Notes